

Cleft Lip Discharge Instructions

GENERAL

DO NOT USE A PACIFIER FOR THREE WEEKS

Arm restraints (supplied by the hospital) will be necessary for three weeks following surgery. It is very important that the child keeps fingers and toys away from the mouth.

DIET

Continue feeding your infant with the usual method you were using before surgery.

WOUND CARE

The upper part of the lip may be closed with dermabond. This is similar to super glue and gradually peels off in 10-14 days. It is common to get a little dirty from food etc.

You can clean the lower part of the lip with a solution of peroxide and saline using a Q-tip. Then apply Bacitracin ointment. Do this until the sutures dissolve (approx. 3-5 days).

PAIN MANAGEMENT

You may be given a prescription for an antibiotic and possibly pain medication when discharged.

APPOINTMENT

Your child should be seen 10-14 days after surgery. Please call 410-955-9466 to make a Monday appointment.

CONTACT NUMBERS

During office hours, if you notice significant drainage or bleeding, persistent temperature (greater than 101 degrees), or difficulty with breathing or eating, call your plastic surgeon. Dr. Craig Vander Kolk may be reached at 410-955-2136. Dr. Richard Redett may be reached at 410-955-9475. After office hours call 410-955-6070 and have the plastic surgery resident on call paged.